



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Monday, January 29</b> Sweet & Sour Chicken <i>Sweet &amp; Sour Tofu</i> (Not So) Fried Rice Green Beans Pear Slices	<b>Tuesday, January 30</b> Farfalle Noodles w/Creamy Garlic Sauce & Mozzarella Cheese Squash Medley Applesauce	<b>Wednesday, January 31</b> Tortellini w/Marinara Sauce Mozzarella Cheese Cauliflower Melon	<b>Thursday, February 1</b> BBQ Chicken <i>Southern Lentils</i> Brown Rice Broccoli Fruit Salad CHP	<b>Friday, February 2</b> WG Sweet Chipotle Chicken Patty <i>Veggie Burger</i> WG Hamburger Bun Peas & Carrots Orange Slices
<b>Monday, February 5</b> Chicken Chili <i>Three Bean Chili</i> Corn Bread Steamed Carrots Pear Slices	<b>Tuesday, February 6</b> Penne w/Tomato Cream Sauce Mozzarella Cheese Roasted Zucchini Applesauce	<b>Wednesday, February 7</b> Adobo Chicken <i>Adobo Tofu</i> Spanish Rice Broccoli Pineapple	<b>Thursday, February 8</b> Bell & Evans Chicken Nuggets <i>Veggie GF/DF/EF Nuggets</i> WG Bread Steamed Peas Melon Ketchup	<b>Friday, February 9</b> BBQ Chicken Sandwich w/ WG Hamburger Bun <i>Southern Lentils w/Brown Rice</i> Mashed Sweet Potatoes Orange Slices
<b>Monday, February 12</b> Chicken Tinga Taco <i>Boca Taco</i> Flour Tortilla Peppers & Onions Pear Slices Salsa	<b>Tuesday, February 13</b> Creamy Mac N Cheese Green Beans Apple Slices	<b>Wednesday, February 14</b> Kung Pao Chicken <i>Kung Pao Tofu</i> (Not So) Fried Rice Squash Medley Melon	<b>Thursday, February 15</b> Pizza Muffins Marinara Sauce Broccoli Fruit Salad CHP	<b>Friday, February 16</b> 5-Spice Turkey Meatballs <i>Veggie 5-Spice Meatballs</i> Brown Rice Cauliflower Applesauce
<b>Monday, February 19</b> Bell & Evans Chicken Nuggets <i>GF/DF/EF Veggie Nuggets</i> WG Bread Steamed Peas Appleberry Sauce Ketchup	<b>Tuesday, February 20</b> Ravioli w/Marinara Sauce Mozzarella Cheese Steamed Carrots Pear Slices	<b>Wednesday, February 21</b> Chipotle Lime Chicken <i>Chipotle Lime Tofu</i> Spanish Rice Broccoli Pineapple	<b>Thursday, February 22</b> Turkey Sausage Patties <i>Veggie Sausage Patties</i> French Toast Sticks Cauliflower Fruit Salad CHP	<b>Friday, February 23</b> Turkey Sloppy Joe <i>Veggie Sloppy Joe</i> WG Hamburger Bun Mashed Sweet Potatoes Orange Slices

WG= Whole Grain  
 CHP= Cantaloupe, Honeydew, Pineapple

# WINTER LUNCH MENU

February 2024