

Fall Lunch Menu }

september 2020
october 2020
november 2020

monday tuesday wednesday thursday friday

			October 1st, 2020	October 2nd, 2020
			Pizza Muffins Cauliflower Pear Slices	Veggie Tamale Green Beans Apple Slices
October 5th, 2020	October 6th, 2020	October 7th, 2020	October 8th, 2020	October 9th, 2020
Chicken Breast Teriyaki <i>Tofu Teriyaki</i> WG Roll Broccoli Pear Slices	Turkey Taco <i>Boca Taco</i> Flour Tortilla Peppers and Onions Cantaloupe	Mediterranean Meatballs <i>Veggie Meatballs</i> Quinoa Cucumber Salad Honeydew	<i>Rotini Pasta w/Tomato Cream Sauce</i> Mozzarella Cheese Steamed Carrots Pineapple	Chicken Nuggets <i>Veggie Nuggets</i> WG Roll Roasted Sweet Potatoes Apple Slices
October 12th, 2020	October 13th, 2020	October 14th, 2020	October 15th, 2020	October 16th, 2020
Pizza Muffins Marinara Sauce Steamed Peas Applesauce	Apple Curry Chicken <i>Apple Curry Tofu</i> WG Roll Steamed Carrots Pineapple	Turkey Sausage Patties <i>Veggie Sausage Patties</i> French Toast Broccoli Honeydew	Lasagna Roll Up Marinara Sauce Mozzarella Cheese Green Beans Pearsauce	Three Bean Chili Cornbread Cauliflower Apple Slices
October 19th, 2020	October 20th, 2020	October 21st, 2020	October 22nd, 2020	October 23rd, 2020
Sweet & Sour Chicken <i>Sweet & Sour Tofu</i> Brown Rice Zucchini Orange Slices	Tortellini Marinara Sauce Green Beans Cantaloupe	Meatloaf <i>Veggie "Meatloaf"</i> WG Roll Broccoli Pineapple	Elbow Noodles Cheese Sauce Steamed Carrots Honeydew	Chicken Nuggets <i>Veggie Nuggets</i> WG Bread Roasted Butternut Squash Kiwi
October 26th, 2020	October 27th, 2020	October 28th, 2020	October 29th, 2020	October 30th, 2020
Roasted Turkey w/ Gravy <i>Tofurkey w/ Gravy</i> WG Roll Mashed Potatoes Pear Slices	Lemon Chicken Breast <i>Lemon Tofu</i> Brown Rice Steamed Peas Applesauce	Beef Burger <i>Veggie Burger</i> WG Hamburger Bun Roasted Beets Banana	Ravioli Marinara Sauce Broccoli Pineapple	Veggie Tamale Green Beans Apple Slices

