

*Sides may change based on freshness and availability

spring lunch menu }

march 2019
april 2019
may 2019

monday	tuesday	wednesday	thursday	friday
		May 1, 2019 Asian BBQ Chicken Breast <i>Asian BBQ Tofu</i> Quinoa Cucumber Slices Honeydew	May 2, 2019 3 Bean Chili Corn Bread Broccoli Fruit Salad	May 3, 2019 Beef Burger <i>Veggie Burger</i> Whole Grain Bun Roasted Sweet Potatoes Orange Slices
May 6, 2019 Turkey Meatball Marinara <i>Veggie 'Meatball' Marinara</i> Whole Grain Bun Cold Peas Honeydew	May 7, 2019 Chipotle Lime Chicken Breast <i>Chipotle Lime Tofu</i> Brown Rice Broccoli Pineapple	May 8, 2019 Creamy Mac n Cheese Cucumber Slices Apple Slices	May 9, 2019 Pizza Muffins with Marinara Glazed Carrots Fruit Salad	May 10, 2019 Fish Tenders <i>Veggie Nuggets</i> Whole Grain Bread Green Beans Orange Slices
May 13, 2019 Adobo Chicken <i>Adobo Tofu</i> Flour Tortilla Cold Peas Apple Slices	May 14, 2019 Turkey Sausage Patties <i>Veggie 'Sausage' Patties</i> French Toast Cucumbers Pineapple	May 15, 2019 Penne Pasta w/ Tomato Cream Sauce & Mozzarella Broccoli Honeydew	May 16, 2019 Southwest Veggie Burger Whole Grain Bun Roasted Potatoes Fruit Salad	May 17, 2019 Orange Chicken Breast <i>Orange Tofu</i> Brown Rice Green Beans Orange Slices
May 20, 2019 Cheese Tortellini w/ Marinara Sauce Cold Peas Apple Slices	May 21, 2019 Apple Chicken Curry <i>Apple Tofu Curry</i> Pita Bread Glazed Carrots Pineapple	May 22, 2019 Turkey Sloppy Joe <i>Boca Sloppy Joe</i> Whole Grain Bun Cucumbers Cantaloupe	May 23, 2019 Veggie Lo Mein Scrambled Eggs Broccoli Fruit Salad	May 24, 2019 Chicken Nuggets <i>Veggie Nuggets</i> Whole Grain Bread Green Beans Apple Slices
May 27, 2019 Turkey Taco <i>Boca Taco</i> Flour Tortilla Peas & Carrots Pineapple	May 28, 2019 Ravioli Marinara Cold Peas Cantaloupe	May 29, 2019 Asian BBQ Chicken Breast <i>Asian BBQ Tofu</i> Quinoa Cucumber Slices Honeydew	May 30, 2019 3 Bean Chili Corn Bread Broccoli Fruit Salad	May 31, 2019 Beef Burger <i>Veggie Burger</i> Whole Grain Bun Roasted Sweet Potatoes Orange Slices



nut free kitchen!
scratch cooking!