



WINTER LUNCH MENU

February 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Monday, January 29 Sweet & Sour Chicken <i>Sweet & Sour Tofu</i> (Not So) Fried Rice Green Beans Pear Slices	Tuesday, January 30 Farfalle Noodles w/Creamy Garlic Sauce & Mozzarella Cheese Squash Medley Applesauce	Wednesday, January 31 Tortellini w/Marinara Sauce Mozzarella Cheese Cauliflower Melon	Thursday, February 1 BBQ Chicken <i>Southern Lentils</i> Brown Rice Broccoli Fruit Salad CHP	Friday, February 2 WG Sweet Chipotle Chicken Patty <i>Veggie Burger</i> WG Hamburger Bun Peas & Carrots Orange Slices
Monday, February 5 Chicken Chilli <i>Three Bean Chilli</i> Corn Bread Steamed Carrots Pear Slices	Tuesday, February 6 Penne w/Tomato Cream Sauce Mozzarella Cheese Roasted Zucchini Applesauce	Wednesday, February 7 Adobo Chicken <i>Adobo Tofu</i> Spanish Rice Broccoli Pineapple	Thursday, February 8 Bell & Evans Chicken Nuggets <i>Veggie GF/DF/EF Nuggets</i> WG Bread Steamed Peas Melon Ketchup	Friday, February 9 BBQ Chicken Sandwich w/ WG Hamburger Bun <i>Southern Lentils w/Brown Rice</i> Mashed Sweet Potatoes Orange Slices
Monday, February 12 Chicken Tinga Taco <i>Boca Taco</i> Flour Tortilla Peppers & Onions Pear Slices Salsa	Tuesday, February 13 Creamy Mac N Cheese Green Beans Apple Slices	Wednesday, February 14 Kung Pao Chicken <i>Kung Pao Tofu</i> (Not So) Fried Rice Squash Medley Melon	Thursday, February 15 Pizza Muffins Marinara Sauce Broccoli Fruit Salad CHP	Friday, February 16 Asian Turkey Meatballs <i>Veggie Asian Meatballs</i> Brown Rice Cauliflower Applesauce
Monday, February 19 Bell & Evans Chicken Nuggets <i>GF/DF/EF Veggie Nuggets</i> WG Bread Steamed Peas Appleberry Sauce Ketchup	Tuesday, February 20 Ravioli w/Marinara Sauce Mozzarella Cheese Steamed Carrots Pear Slices	Wednesday, February 21 Chipotle Lime Chicken <i>Chipotle Lime Tofu</i> Spanish Rice Broccoli Pineapple	Thursday, February 22 Turkey Sausage Patties <i>Veggie Sausage Patties</i> French Toast Sticks Cauliflower Fruit Salad CHP	Friday, February 23 Turkey Sloppy Joe <i>Veggie Sloppy Joe</i> WG Hamburger Bun Mashed Sweet Potatoes Orange Slices

WG= Whole Grain
CHP= Cantaloupe, Honeydew, Pineapple