



**GOURMET
GORILLA**

Monday

Tuesday

Wednesday

Thursday

Friday

Monday, May 4

Teriyaki Chicken
Teriyaki Tofu
(Not So) Fried Rice
Peas & Carrots
Pear Slices

Tuesday, May 5

Penne w/Tomato Cream
Sauce & Mozzarella Cheese
Broccoli
Apple Slices

Wednesday, May 6

Chicken Tinga
Veggie Taco "Meat"
Shredded Cheddar Cheese
Flour Tortilla
Roma Tomatoes
Pineapple

Thursday, May 7

Turkey Sausage Patties
Vegan Sausage Patties
WG Waffle
Cucumber Slices
Melon
Blueberry Compote

Friday, May 8

Ravioli w/Marinara Sauce
Mozzarella Cheese
Green Beans
Orange Slices

Monday, May 11

Bell & Evans Chicken Nuggets
GF/DF/EF Veggie Nuggets
WG Bread
Steamed Carrots
Apple Slices
Ketchup

Tuesday, May 12

Creamy Mac & Cheese
Squash Medley
Pear Slices

Wednesday, May 13

Adobo Chicken
Adobo Tofu
Spanish Rice
Green Pepper Strips
Melon

Thursday, May 14

Pizza Bread
Marinara Sauce
Broccoli
Pineapple

Friday, May 15

Beef Sloppy Joe
Veggie Sloppy Joe
WG Hamburger Bun
Green Beans
Orange Slices

Monday, May 18

Farfalle w/Roasted Red Pepper
Sauce & Mozzarella Cheese
Steamed Carrots
Pear Slices

Tuesday, May 19

Southwest Sweet Chipotle Chicken
Southwest Sweet Chipotle Tofu
Rice Pilaf
Steamed Peas
Apple Slices

Wednesday, May 20

WG Chicken Patty
Veggie Burger
WG Hamburger Bun
Red Pepper Strips
Melon
Ketchup

Thursday, May 21

Tortellini w/Marinara Sauce
Mozzarella Cheese
Broccoli
Fruit Salad HP

Friday, May 22

Pineapple Miso Meatballs
Pineapple Miso Veggie Meatballs
WG Pita
Green Beans
Orange Slices

Monday, May 25

Penne Pasta w/ Tomato Cream Sauce
Mozzarella Cheese
Steamed Carrots
Appleberry Sauce

Tuesday, May 26

Southwest Seasoned Chicken
Southern Lentils
Arroz Verde
Red Pepper Strips
Apple Slices

Wednesday, May 27

Turkey Bolognese
Veggie Bolognese
Rotini Pasta
Broccoli
Pineapple

Thursday, May 28

Bell & Evans Chicken Nuggets
GF/DF/EF Veggie Nuggets
WG Bread
Steamed Peas
Fruit Salad CP
Ketchup

Friday, May 29

Beef Sloppy Joe
Veggie Sloppy Joe
WG Hamburger Bun
Peas & Carrots
Applesauce

WG= Whole Grain
CHP= Cantaloupe, Honeydew, Pineapple

Hot Lunch Menu

May 2026

GourmetGorilla.com



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