

winter lunch menu } december 2018 january 2019 february 2019



monday	tuesday	wednesday	thursday	friday
				February 1, 2019 Chicken Nuggets Veggie Nuggets Whole Grain Bread Green Beans Apple Slices Ketchup
February 4, 2019 Adobo Chicken Adobo Tofu Flour Tortilla Peas & Carrots Cantaloupe	February 5, 2019 Three Bean Chili Cornbread Roasted Sweet Potatoes Pear Slices	February 6, 2019 Turkey Meatball Marinara Veggie Meatball Marinara Whole Grain Bun Broccoli Pineapple	February 7, 2019 Orange Chicken Breast Orange Tofu Brown Rice Cucumber Fruit Salad	February 8, 2019 Tortellini w/ Marinara Green Beans Orange Slices
February 11, 2019 Sweet & Sour Chicken Thigh Sweet & Sour Tofu Whole Grain Bread Cold Peas Apple Slices	February 12, 2019 Creamy Mac n Cheese Broccoli Fruit Salad	February 13, 2019 Beef Burger Veggie Burger Whole Grain Bun Mashed Potatoes Pineapple Ketchup	February 14, 2019 Penne Pasta w/ Marinara and Mozzarella Cheese Cucumber Pear Slices	February 15, 2019 Fish Tenders Veggie Nuggets Whole Grain Bread Green Beans Orange Slices Ketchup
February 18, 2019 Turkey Tacos Baja Tacos Flour Tortilla Butternut Squash Pear Slices Salsa	February 19, 2019 Chicken Teriyaki Tofu Teriyaki Brown Rice Broccoli Pineapple	February 20, 2019 Southwest Veggie Burger Whole Grain Bun Glazed Carrots Honeydew	February 21, 2019 BBQ Chicken Breast BBQ Tofu Whole Grain Roll Cold Peas Cantaloupe	February 22, 2019 Ravioli Marinara Green Beans Apple Slices
February 25, 2019 Bean & Cheese Burrito Glazed Carrots Orange Slices	February 26, 2019 Turkey Sausage Patties Veggie Sausage Patties French Toast Cold Peas Pineapple	February 27, 2019 Chipotle Lime Chicken Chipotle Lime Tofu Brown Rice Cucumbers Pear Slices	February 28, 2019 Pizza Muffins w/ Marinara Broccoli Fruit Salad	