

Fall GF/DF/EF Lunch Menu

september 2018
october 2018
november 2018

monday	tuesday	wednesday	thursday	friday
			November 1, 2018 Hawaiian Chicken Thigh Sweet Potatoes Melon Salad GF Bread	November 2, 2018 GF Penne Pasta w/ Marinara and DF Cheese Green Beans Apple Slices
November 5, 2018 Turkey Tacos Cold Peas Orange Slices Corn Tortilla Salsa	November 6, 2018 GF Penne Pasta w/ Marinara and DF Cheese Broccoli Cantaloupe	November 7, 2018 GF/DF/EF Cheese Tamale Cucumber Slices Pineapple	November 8, 2018 Turkey Sausage Patties GF Waffle Glazed Carrots Fruit Salad	November 9, 2018 Grilled Chicken GF/DF Mashed Potatoes Apple Slices Ketchup GF Bread
November 12, 2018 GF Pasta w/ Marinara and DF Cheese Green Beans Pear Slices	November 13, 2018 Asian BBQ Chicken Broccoli Cantaloupe Brown Rice	November 14, 2018 Vegetarian Chili Cucumber Slices Orange Slices GF Bread	November 15, 2018 Beef Burger Roasted Potatoes Melon Salad Ketchup GF Bun	November 16, 2018 Turkey Bolognese w/ GF Pasta Cold Peas Apple Slices
November 19, 2018 GF Pasta w/ Marinara and DF Cheese Green Beans Pineapple	November 20, 2018 Teriyaki Chicken Breast Broccoli Cantaloupe Brown Rice	November 21, 2018 GF/DF/EF Marin Cheese Cucumber Slices Orange Slices	November 22, 2018 GF/DF/EF Mediterranean Meatballs Glazed Carrots Fruit Salad GF Bread	November 23, 2018 Grilled Chicken Cold Peas Applesauce Ketchup GF Bread
November 26, 2018 Beef Burger Glazed Carrots Pear Slices Ketchup GF Bun	November 27, 2018 Turkey Bolognese w/ GF Penne Pasta Broccoli Cantaloupe	November 28, 2018 Turkey Sloppy Joes Peas & Carrots Pineapple GF Bun	November 29, 2018 Hawaiian Chicken Thigh Sweet Potatoes Melon Salad GF Bread	November 30, 2018 GF Penne Pasta w/ Marinara and DF Cheese Green Beans Apple Slices

