

*Sides may change based on freshness and availability

Gourmet Gorilla™

summer lunch menu } june 2017 july 2017 august 2017

monday	tuesday	wednesday	thursday	friday
			June 1st Beef Tacos <i>Boca Tacos</i> Squash Medley Pineapple Flour Tortilla	June 2nd Pizza Muffin Cucumber Cantaloupe
June 5th Roast Turkey w/ Hawaiian Sauce <i>Roasted Tofurkey</i> Green Beans Fruit Salad Whole Grain Bread	June 6th Chicken Teriyaki <i>Tofu Teriyaki</i> Cucumber Cantaloupe Chunks Brown Rice	June 7th Beef Burger <i>Veggie Burger</i> Mashed Sweet Potatoes Honeydew Hamburger Bun	June 8th Turkey Swiss Sandwich <i>Cheese Sandwich</i> Celery Honeydew	June 9th Chicken w/ Pita & Hummus <i>Pita & Hummus</i> Broccoli Orange Slices
June 12th Chicken Nuggets <i>Veggie Nuggets</i> Peas Cantaloupe Chunks Whole Grain Bread	June 13th Turkey & Cheese Roll Ups <i>Cheese Roll Ups</i> Cucumber Cantaloupe	June 14th Chicken Caesar Wrap <i>Hummus Wrap</i> Snap Peas Honeydew	June 15th Creamy Mac & Cheese Broccoli Honeydew Chunks	June 16th Garden Salad w/ Chicken <i>Garden Salad w/Chickpeas</i> Broccoli Applesauce
June 19th Cheese Ravioli Broccoli Apple Slices	June 20th Cheddar Cheese Sandwich <i>Cheese Sandwich</i> Snap Peas Apple Slices	June 21st BBQ Chicken <i>BBQ Tofu</i> Mashed Potatoes Fruit Salad Corn Bread	June 22nd Cheesy Pizza Muffins Green Beans Orange Slices	June 23rd Penne Pasta Marinara w/ Mozzarella Cucumber Slices Applesauce
June 26th Pasta Salad w/Turkey <i>Pasta Salad w/Chickpeas</i> Celery Apples	June 27th Beef Sloppy Joe <i>Veggie Sloppy Joe</i> Green Beans Pineapple Chunks Hamburger Bun	June 28th Tuna Salad Sandwich <i>Bean Dip & Chips</i> Baby Carrots or Pepper Strips Cantaloupe	June 29th Lemon Chicken <i>Lemon Tofu</i> Roasted Sweet Potatoes Honeydew Chunks Whole Grain Roll	June 30th Spiral Pasta w/ Tomato Cream Sauce Cucumber Applesauce

nut free kitchen!
scratch cooking

